**📖 Activity 1: Achieng’s Story – Interactive Comic Strip**

**🎯 Activity Introduction (Voice-Over)**

"Achieng is a bright girl who loves books but feels rejected by classmates. In this activity, you will follow her story and discover how unhealthy self-esteem changes her thoughts and choices. By the end, you will see what difference acceptance and support can make."

**🛠️ Developer Guide Instructions**

* Create a **scrollable comic strip with six illustrated panels**.
* Add **clickable hotspots** for Achieng’s thoughts in each panel.
* After the panels, provide **three multiple-choice reflective questions**.
* Each choice must display **specific correct or incorrect facilitative feedback**.
* Learners should be able to retry after each choice.

**📱 Learner Instructions (On Screen)**

Scroll through the comic panels. Click on each thought bubble to read Achieng’s feelings. At the end, answer the questions about her journey and reflect on what helped her grow.

**💡 Hints (On Screen)**

* "Pay attention to how her inner voice changes across the story."
* "Look closely at what Kevin did differently."
* "Notice the turning point that helped Achieng grow."

**🧱 Activity Content**

|  |  |  |
| --- | --- | --- |
| **Panel** | **Scene** | **Achieng’s Thought** |
| 1 | Reading alone in class | "They are laughing at me. Maybe I should stop reading." |
| 2 | Classmates laugh | "I do not belong here." |
| 3 | Achieng avoids school | "If I hide, nobody will laugh." |
| 4 | Meets Kevin | "Kevin sees me. Maybe I do matter." |
| 5 | Joins clubs | "I can try. I am not alone." |
| 6 | Speaks at assembly | "My voice matters. My ideas matter." |

**📘 Interactive Questions**

**Question 1: What made the biggest difference in Achieng’s journey?**

| **Choice** | **Response** |
| --- | --- |
| A | She decided to stop reading in class |
| B | Classmates laughed at her |
| C | Kevin supported and encouraged her |
| D | She avoided school for some time |

**Feedback**

* A → ❌ "Not correct. Stopping reading lowered Achieng’s self-esteem."
* B → ❌ "Not correct. The laughter made her feel rejected, it was not what helped her grow."
* C → ✅ "Correct. Kevin’s support and encouragement rebuilt Achieng’s self-esteem."
* D → ❌ "Not correct. Avoiding school was a result of low self-esteem, not what helped her rebuild it."

**Question 2: How did Achieng’s self-talk change?**

| **Choice** | **Response** |
| --- | --- |
| A | From “I do not belong” to “My ideas matter” |
| B | From “I am strong” to “I should hide” |
| C | From “I am confident” to “They are laughing at me” |
| D | From “I will succeed” to “Maybe I should give up” |

**Feedback**

* A → ✅ "Correct. Achieng’s self-talk grew from doubt and rejection to confidence and value."
* B → ❌ "Not correct. Her self-talk did not start with strength and go backwards."
* C → ❌ "Not correct. She did not move from confidence to doubt, she grew in the opposite direction."
* D → ❌ "Not correct. The journey was about moving from giving up to believing in herself."

**Question 3: What lesson can you apply in your own life?**

| **Choice** | **Response** |
| --- | --- |
| A | Support and kindness help build confidence |
| B | Avoiding challenges keeps you safe |
| C | Being laughed at means you should stop trying |
| D | Staying silent makes problems disappear |

**Feedback**

* A → ✅ "Correct. Supporting others and receiving kindness helps build confidence and self-esteem."
* B → ❌ "Not correct. Avoiding challenges does not lead to growth."
* C → ❌ "Not correct. Being laughed at should not stop you from trying."
* D → ❌ "Not correct. Staying silent often makes problems worse, not better."

**🔚 Activity Conclusion (Voice-Over)**

"Achieng’s journey shows that unhealthy self-esteem can silence potential, but support and kindness rebuild confidence. Everyone deserves to feel valued."